Swimming Pool Timetable – August 2019

MONDAY	0630-0900 Open to All Permanent	0900-1000 Over 60's Permanent	1000-1200 Open to All 12 th , 19 th Only	1200-1400 Adults Only Permanent	1400-1600 Open to All	1600-1945 Open to All Permanent	1945-2200 Open to All	
TUESDAY	0630-0900 Open to All Permanent	0900-1100 Open to All 13 th , 20 th , 27 th Only	1100-1200 Open to All	1200-1300 Adults Only Permanent	1300-1600 Open to All	1600-2100 Open to All Permanent	2100-2200 Open to All	
WEDNESDAY	0630-0900 Open to All 7 th , 21 st 28 th Only	0900-0945 Aqua Permanent	1000-1100 Disabled Only Permanent	1100-1300 Open to All 14 th , 21 st , 28 th Only	1300-1500 Open to All	1500-1600 Female Only Permanent	1600-1945 Open to All Permanent	1945-2200 Open to All
THURSDAY	0630-0900 Open to All Permanent	0900-1100 Open to All 1 st , 15 th , 22 nd , 29 th Only	1100-1200 Open to All	1200-1400 Adults Only Permanent	1400-1600 Open to All	1600-2100 Open to All Permanent	2100-2200 Open to All	
FRIDAY	0630-0900 Open to All Permanent	0900-1100 Open to All 2 nd , 16 th , 23 rd , 30 th Only	1100-1200 Over 60's Permanent	1200-1300 Adults Only Permanent	1300-1545 Open to All 2 nd , 9 th , 23 rd , 30 th Only	1545-2000 Open to All 30 th Only		
SATURDAY	0800-1200 Open to All 31 st Only		1200-1500 Open to All		1500-1745 Open to All Permanent		Don't forget we are closed Bank Holiday Monday	
SUNDAY	0800-1715 Open to All Permanent				1715-1900 Open to All	1900-1945 Open to All 11 th , 18th, 25 th Only		

Sessions in light blue and black are permanent

Sessions in dark blue and white change regularly

