

# CLASS TIMETABLE

Day	Time	Class	Capacity	PAYG Price
Monday	17:30	Circuit Training	12	£5.50
Monday	18:30	Yoga	25	£6.50
Tuesday	17:00	Aqua Fitness	25	£5.50
Tuesday	17:30	Studio Cycling	10	£5.50
Wednesday	06:45	Studio Cycling	10	£5.50
Wednesday	17:00	Body Sculpt	12	£5.50
Wednesday	18:00	Pilates	25	£6.50
Thursday	09:00	Aqua Fitness	25	£5.50
Thursday	18:00	Studio Cycling	10	£5.50
Thursday	19:00	Boxercise	12	£5.50
Friday	12:00	Yoga	12	£6.50
Saturday	08:30	Studio Cycling	10	£5.50

**TIMETABLE IS SUBJECT TO CHANGE.**  
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